

Clutter Image Rating Scale (CIRS)

The purpose of this tool is to gauge the impact of hoarding on the person with the hoarding behaviour.

Clutter Image Rating Scale: Part 1 of 3 – Kitchen

Please select the photo below that most accurately reflects the amount of clutter in your room.



1 Good



2 Fair



3 Poor



4 Severe



5 Severe



6 Critical



7 Critical



8 Critical



9 Critical

A score of 4 and above indicates clutter significant enough to warrant clinical attention.

Clutter Image Rating Scale: Part 2 of 3 – Bedroom

Please select the photo below that most accurately reflects the amount of clutter in your room.



1 Good



2 Fair



3 Poor



4 Severe



5 Severe



6 Critical



7 Critical



8 Critical



9 Critical

A score of 4 and above indicates clutter significant enough to warrant clinical attention.

Clutter Image Rating Scale: Part 3 of 3 – Living room

Please select the photo below that most accurately reflects the amount of clutter in your room.



1 Good



2 Fair



3 Poor



4 Severe



5 Severe



6 Critical



7 Critical



8 Critical



9 Critical

A score of 4 and above indicates clutter significant enough to warrant clinical attention.